



SUPERSTITION HORSEMEN'S ASSOCIATION

Pony Tracks

www.SHA4U.org

Facebook.com/SHAofArizona

OCTOBER 2025

ISSUE 1 — VOLUME 45

BOARD OF DIRECTORS

Chairman

Darryl Cross
(602) 820-9583

Vice Chairman

Sheila Shattuck

Treasurer

Jeanne Kennedy

Secretary

Pam Gaston

Membership Chair

Jan Kramer

Director-at-Large

Peggy Wilson

Lisa Rogers

Judy Hood

Roger Luth

 SHA4HORSES@gmail.com

BOARD MEETINGS:

First Wednesday of every month
at 7PM at "BREAKFAST AT TINA'S"
N. Apache Trail next to Hitching Post

COMMITTEE CHAIRS

Political - Darryl Cross

Equine Welfare

Jeff Watson (480)-628-6454 or
Chip Wilson (602) 361-6135
walterchip@aol.com

Bylaws, Rules, and Conduct

Chip Wilson

SHA Store - Ann Adkins

Parade - Liz Eason

AJ Rodeo Grounds - Jeff Watson

Road Cleanup - Roger Luth

Program Director - Sheila Shattuck

Trail Ride Committee - Jeff Watson

Editor - Lisa Rogers

SHA4PonyTracks@yahoo.com

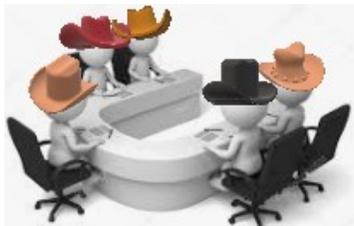
SHA ELECTION DINNER AND MEETING FOR 2025

By Pam Gaston

The meeting started at 5:10 pm and it began with a informational talk from Liz Langenbach. **Liz Langenbach is the head of the Parks and Rec Department for Apache Junction.** She oversees the AJ Rodeo Grounds and proceeded to tell us and show us what is coming up with the three-phase renovation of the AJ Rodeo Grounds. The "moving of dirt" is part of the first phase that will start at the end of September as preparation begins for new buildings to be built including a nice Ramada that will be permanent with a cover, cement floor, fans, electric lighting and electric access. At this time next year, this building should be finished. The next two phases will come when funds are available.

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SHA Board Meeting Minutes of October 1, 2025

The SHA Board Meeting was held at Tina's on WED, October 1st, 2025 at 7PM.

Board members present were Darryl Cross, Sheila Shattuck, Jeanne Kennedy, Jan Kramer, Peggy Wilson, Lisa Rogers, Judy Hood, Roger Luth, and Pam Gaston was absent. Other SHA members were Chip Wilson, Jeff Watson, Bob Diroff, Vinnie Mendes, Sharna Watson and Ed Kramer.

- **SECRETARY** – The Secretary's minutes from Sept were approved. Sheila made a motion for the minutes to be accepted, and Roger seconded it. All were in favor.
- **TREASURER** – The regular checking account balance is \$11,620.60. The Equine Welfare Account balance is \$3297.99. We received \$320.00 for memberships dues. Outgoing monies for Sept were \$46.80 for Pony Tracks mailing stamps, \$156.16 Pony Tracks printing, \$24.00 for AJ Rodeo event rent, \$1000.00 for Officer Facio donation to for his family and \$200.00 for PO Box. Outgoing monies total for expenses are \$1,426.96 and incoming monies total is \$320.00.
- **MEMBERSHIP** – There were forty-nine individuals and thirty-nine families plus five honorary memberships. This equals one

hundred and thirty members in SHA thus far this season, which is last year and this year combined as we move into the new membership year and start receiving renewals. Received Fifteen family renewals and thirteen single renewals for new membership year thus far.

- **POLITICAL** – New horse pens with shade structures, checking with city about understanding 6ft between, as revisions took place in year 2022. Prop 494 – Fire district, Darryl to provide letter for SHA support. Discussed needs for new equipment. Prop 493 – Support for AJ Mayor term change from 2 years to 4 years - Discussed importance for support. Solor project by Florance Highway, not supported due to affecting trails among other things due to amount of land needed.
- **EQUINE WELFARE** – Checked on some horses several times and all is good. No further checks needed.
- **PARADE** – Veterans Day parade is November 11, 2025 and if nothing setup for SHA, Darry is riding and others can join, just let him know.
- **STORE DIRECTOR** - Nothing to report.
- **PROGRAM DIRECTOR** – Trail Ride Committee, Jeff will head-up. Sharna & Jeanne offered to help with this committee. Must be SHA member to be part of these events. Suggested 3 rides for fall/winter season: one being weekday and two being weekend. Christmas party ride discussion where, when & meal. Start with trying for Sunday, Dec 14 with noon ride, eat around 4pm. Sheila will check on location. Monthly membership meetings, JAN, FEB & MAR 2026

at Multi-Gen. Speaker suggestions discussed.

OLD BUSINESS

- **PONY TRACKS** - There will be 250 Pony Tracks printed with a membership form for October.
- **GUN RAFFLE** – No activity currently; however good chance raffled before Lost Dutchman Days.
- **ROAD CLEAN UP** - On November 8th, Saturday, at the Rodeo Grounds, at 8 am. Gates will be open at 7:30AM.

NEW BUSINESS

- **TACK SALE** - Possibly in February at Hitching Post during Saddle Auction.
- **EVBCH** - Jan 25th Vendor & Tack Sale. SHA to get 1 booth, 10x10 @ \$50, combined for SHA membership & Pony Express. Tack tables will not be part of SHA.
- **4TH ANNUAL LOUIE RIDE** - Jan 10th at Picketpost Mountain.
- **5TH ANNUAL SHA PONY EXPRESS** - March 7th in Apache Junction. Need to update event dates on sandwich boards and banners, get post cards and meetings going.
- **SHA TRAILER PARKING** - Need to make change to current storage location. Roger & Jeanne looking into options.
- **SHA TRAILER PARKING** - Need to make change to current storage
- **SHA TRAILER INSURANCE** - Policy renewed and paid for by Roger (*Thank you Roger*), will put copy in trailer.

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Board Meeting Notes

Continued from Page 2...

- **ADVERTISING** - In SHA Pony Tracks and Website, Jeanne will review, make contacts and collect money.
- **AZ TRAIL CLEAN UP** - Nov 13-15, Picketpost, 18B, north of highway. SHA to consider day trip to help. EVBCH is doing overnight campout.

Jeanne Kennedy made a motion to adjourn the meeting. Sheila Shattuck seconded the motion. All were in favor.

The meeting was adjourned at 8:30 PM.

TRAIL RIDE COMMITTEE

SHA has restarted the Trail Ride Committee to plan some ride for the future for SHA members.

Planned rides are for November 5 and December 14. More information to follow.

Possible ride for January, February, March and April.

Any ideas or suggestions of locations, dates or type of rides (themed rides) please email Jeff at email address:

jwconnected@hotmail.com

We will ride on a Saturday with some dates in the middle of the week and/or Sunday to help accommodate for members that work on the weekend.

Thank you,
Jeff Watson



We need an SHA Historian to keep our history alive through pictures and write-ups. You will notice on the front page that we have removed the Historian label because no one has stepped up to do this job.

If you like to scrap book or keep memorabilia, this is the job for you.

If you are interested, please notify Pam Gaston, Secretary.
We need a Historian desperately!



MEMBERSHIP NEWS



OCTOBER 2025

Submitted By: Jan Kramer
Membership Chair

Our new membership year has begun! We currently have 130 individual members in the following categories:

- ◆ Single - 49
- ◆ Family - 38
- ◆ Honorary - 5

WELCOME

We would like to welcome our newest members...

Christopher and Jennifer Holsen

Membership renewals can be done either by mail or online. Whichever method you choose, it's important that you complete your 2025-2026 membership application. This ensures that we have your current information on file. **Also, if you don't receive your Pony Tracks by email, please consider doing so.**

The Superstition Horsemen's Association values your participation and continued support. Please spread the word about our organization to help us grow our ranks.

As always, feel free to contact me regarding any membership questions or concerns.

You can email me at:
imareadertika@icloud.com.

SHA ELECTION DINNER AND MEETING FOR 2025

Continued from Front Page...

After Liz Langenback finished speaking, **Pam Gaston** said a prayer over the food and everyone ate a yummy dinner with fried and baked chicken supplied by the SHA Board and amazing sides that were brought by the members. There were 26 members at the dinner.

Pam Gaston addressed the group regarding the upcoming events on behalf of Sheila Shattuck who was called out for an emergency. Pam Gaston basically stated we as a Board are looking for suggestions for a Trail Committee and trail rides and dates for the Christmas Dinner.

She also introduced the newly elected Board Members who were:

- **Darryl Cross, President**
- **Pam Gaston, Secretary**
- **Jeanne Kennedy, Treasurer**
- **Jan Kramer, Membership**
- **Roger Luth, Director at Large**



Darryl Cross spoke about **The Pony Express** and the ideas for a membership drive. He also spoke about what is going on in Apache Junction as **he is a Council Member for Apache Junction** and asked for signatures on his petition to run again. He also spoke about the City Council having people who are interested in preserving the rural lifestyle on the Council including Mayor Chip Wilson. **Mayor Chip Wilson** stated it takes a lot of time to get signatures and to be sure to vote for **Proposition 454** on behalf of the AJ Fire Department. 

Discussion and questions ensued, and the meeting ended at 7:15 pm.



SUPERSTITION HORSEMEN'S ASSOCIATION

Membership Renewal

Please join or renew today!

SHA Membership Year

OCT 1, 2025— SEPT 30, 2026

**SINGLE membership
only \$20.00**

**FAMILY membership
only \$30.00**



Membership Corner



Can't Beet Healthy Horse Treats!

- 2 C oats, blend until turns into flour
- 1 C flax Meal
- 1/4 C chia seeds
- 1 T cinnamon
- 1 tsp sea salt
- 1 tsp baking soda



Mix all together and set aside

Preheat oven to 350 degrees

In a blender or nutri-bullet mix together the following ingredients

- 2 medium cooked beets
- 2//3 C filtered water
- 2 T fresh gingerroot or 1 T ginger powder
- 2 T apple cider Vinegar
- 1/4 C coconut oil
- ½ C *unsweetened applesauce or honey*

Blend until smooth, then mix into the bowl with the dry ingredients. Refrigerate for 5 minutes to allow the chia and flax to set up.

Set up parchment paper on a large cookie sheet. Use a tablespoon to grab mixture and roll into a ball then flatten on parchment paper. If you have a cookie cutter you can cut out and take excess and put back into the bowl. Repeat until complete. If you don't have a cookie cutter, then just roll into a ball and smash to make a circle like a cookie.

Note & Tips: I use all organic ingredients. If you occasionally wet your hands and cookie cutter, the dough will be easier to work with. You may need to refrigerate again for 5 minutes half way through to make it easier as well.

Also I discovered dogs like them as well as people.

By Debi Ann

Hearts Inspire Health

*Submit your accomplishments or stories about you to SHAponytracks@yahoo.com

facebook

SHA



**Follow us on Facebook
for events and photos**

www.facebook.com/SHAofArizona

Visit our website



<https://sha4u.org>



SUPERSTITION HORSEMEN'S ASSOCIATION
Advocating for the Western lifestyle and humane treatment of horses



**SUPERSTITION
HORSEMEN'S
ASSOCIATION, INC.**

SHA Use Only
Date:
 Cash Check _____ PayPal
 New Family Full Year

***** MEMBERSHIP FORM *****

OCTOBER 2025 – SEPTEMBER 2026

I hereby make application/renewal to the Superstition Horsemen's Association, Inc., and in so doing agree to abide by SHA's Mission Statement.

Mission Statement

The Superstition Horsemen's Association, Inc. is a group of concerned citizens formed to ensure the rights and privileges of horsemen; to promote humane treatment of horses; and to actively pursue favorable legislation concerning the above.

I further agree to abide by the bylaws of the Association (copies are available upon request). I strongly desire to maintain the western lifestyle in this community.

INDEMNITY AGREEMENT

For and in consideration of my/our Membership and participation in all events sponsored by the Superstition Horsemen's Association, Inc., (SHA) of Apache Junction, Arizona, the undersigned hereby releases and forever discharges the SHA for any claim or demand for personal injuries or property damage occurring while participating in any event sponsored by SHA, and the undersigned hereby further agrees to indemnify the SHA (including all officers and members, and all property owners upon whose property the various events take place), and save them harmless from any claims, demands or judgements which may be asserted or rendered against them by any person whatsoever for death, personal injury or property damage occurring during any event sponsored by the SHA, including the reasonable value of the services of attorneys retained by the SHA in defense of any claim of action arising there from.

Date of Application: _____ **New Applicant:** _____ **Renewal:** _____

Name(s): (1) _____ (2) _____
Print Name Print Name

Signature(s): (1) _____ (2) _____

Winter Address
Dates: _____ Street (Please include apartment and/or space number.)

City State Zip Phone

Summer Address
Dates: _____ Street (Please include apartment and/or space number.)

City State Zip Phone

Email Address: _____

I would prefer to receive my Newsletter via Email.

Areas of Interest: *I am interested in the following committees:*

Trail Activities Parade Road Cleanup Political How can I help? Please call me.

MEMBERSHIP FEES: \$20 Single Membership, \$30 Family and Associations

All fees must be paid in U.S. Currency. You can pay online or by mail.

- Online at www.sha4u.org via PayPal
- Mail to SHA at PO Box 2120, Apache Junction, AZ 85117



Calendar



of Events

Road Cleanup

SATURDAY, November 8th, at 8 AM

*****AJ Rodeo Grounds will open at 7:30AM**

Meet at rodeo grounds on Lost Dutchman Rd. Coffee, donuts & water provided, including vests, gloves, bags and pickers. Pickup trash between Idaho Rd and Apache Trail.

Volunteers needed.



5th Annual - SHA Pony Express

March 7, 2026

*Sponsored by
Hitching Post Saloon*

*Contact Darryl Cross

SINCE 1966

SHOPPERS

★ SUPPLY ★

1477 West Apache Trail
Apache Junction, AZ 85120
P. 480-646-1026



AZCowgirls4Christ.com - 1Cor:13

COWBOY CHURCH - Every Sunday @ 10 AM

Services are held at the Superstition Mountain Museum

*See Arizona Cowgirls for Christ
website and Facebook for schedule*

Website: AZCowgirls4Christ.com

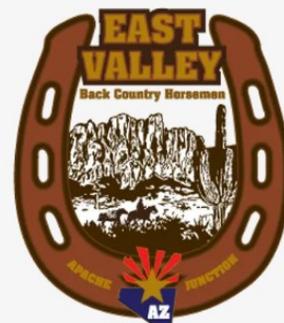
Facebook: [click on this link](#)

Now Accepting Boarders • Daily, Weekly, & Monthly Rates
Jim Leslie (480) 331-9118 ★ 1276 N. Wickiup Rd., AJAZ 85119

EAST VALLEY BACK COUNTRY HORSEMEN

To learn more about EVBCH
visit our website at EVBCH.org

Apache Junction, AZ



CRAZY HORSE SADDLE SHOP
Craig & Paula Smith L.L.C.
New & Used Tack
1484 W. Apache Trail #3
1/2 Block East of Ironwood
Apache Junction, Arizona 85120
(480) 671-0381

Important Dates to Remember



- November 8, 2025—Road Cleanup at 8AM, at AJ Rodeo Grounds. Gate opens at 7:30AM
- November 11, 2025—Veterans Day Parade, Apache Junction. Parade begins at 9:30 AM
- December 14, 2025—SHA Christmas Party, Save the Date; more details to come
- January 21, 2025 —Membership Meeting, 7PM at MultiGen Center in Apache Junction
- February 18, 2025 —Membership Meeting, 7PM at MultiGen Center in Apache Junction
- March 7, 2026 - SHA 5th Annual Pony Express
- March 18, 2025 —Membership Meeting, 7PM at MultiGen Center in Apache Junction

UPCOMING BOARD MEETINGS: NOV 5, DEC 3 and JAN 7. The Board meets promptly at 7pm. Anyone is welcomed to attend and hear what they are working on and planning for the yearly events. You may volunteer to assist with upcoming events or be part of a planning committee! In person meetings are being held at *Breakfast at Tina's* next to the Hitching Post Saloon in Apache Junction.

Superstition Horsemen's Association, Inc.

P O Box 2120

Apache Junction, Arizona 85117

www.sha4u.org



Use your smart phone camera and scan this QR Code to take you directly to SHA website!